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"O-ring Sign" as a Novel Colonoscopic Finding with Narrow-Band **Imaging for Detecting Depressed-Type Colorectal Lesions**

Takahiro Fujii, TF Clinic, Tokyo, Japan

Background

In recent years, post-colonoscopy colorectal cancer (PCCRC) has become a focus of attention as likely representing "missed" or "rapidly-growing" lesions in colonoscopic screening for colorectal cancer (CRC). Currently, lesions thought responsible for PCCRC include sessile serrated adenomas / polyps or flat and depressed-type lesions occurring on the right side of the colon, and there is an increasing need for endoscopic modalities to prevent overlooking these lesions. Colorectal screening using narrow-band imaging (NBI) during colonoscope withdrawal from the cecum, which was started at our clinic since November 2008, suggested that NBI colonoscopy was superior to white-light imaging (WLI) colonoscopy in detecting flat and depressed-type lesions (1). With NBI, the depressed area of a lesion is recognized as "whitish" and the surrounding ring-like mucosa as "brownish", which constitutes the "O-ring sign".

WLI limitation in detecting depressed type lesion is shown. The use of new colonoscopic methods are therefore recommended.



Indigo carmine dye







Depressed-type lesions detected as a O-ring sign with NBI



Comparison between the 1st and 2nd Generation system in detecting O-ring sign with NBI

LUCERA SPECTRUM (1st generation) PCF-240ZI

LUCERA ELITE (2nd generation) PCF-H290ZI







Objective

To evaluate the incidence and characteristics of the "O-ring sign" in depressed-type colorectal lesions.

Methods

A total of 227 endoscopically resected and histologically confirmed depressed lesions (IIa + IIc, 156; IIc, 71) were included for analysis. The colonoscopic images of these lesions were retrospectively examined for "O-ring sign" positivity and intensity (grade 0, negative; grade 1, mildly to moderately positive; and grade 2, highly positive). Of these, 16 were excluded as unevaluable and a total of 211 evaluable lesions were analyzed.

Results

Of the 211 lesions (IIa + IIc, 141; IIc, 70) analyzed, 84 (IIa + IIc, 60; IIc, 24), 105 (IIa + IIc, 69; IIc, 36), and 22 (IIa + IIc, 12; IIc, 10) were found to be in grades 0, 1, and 2, respectively. Sixty point two percent (60.2%) of these shown to be "O-ring sign"-positive (127 / 211), with IIa + IIc and IIc accounting for 57.4% (81 / 141) and 65.7% (46 / 70), respectively. While an examination by tumor size and location revealed no clear tendency in "O-ring sign" positivity, an examination by grade revealed a higher "O-ring sign" positivity rate among those with high-grade dysplasia (84.6%; 11 / 13) than those with low-grade dysplasia (59.2%; 116 / 196).

Intensity of O-ring sign in depressed-type lesion

Grade 0







Depressed-type lesion -Positive rate of O-ring sign-

Macroscopic type	Grade 0	Grade 1	Grade 2	Positive rate of O-ring sign		
llc (n=70)	34.3%	51.4%	14.3%	65.7%		
lla+llc (n=141)	42.6%	48.9%	8.5%	57.4%		
Total (n=211)	39.8%	49.8%	10.4%	60.2%		

References: 1. Fujii T. Gastrointest Endosc 2010; W1480.

Depressed-type lesion of IIc & IIa+IIc -Positive rate of O-ring sign in each location-

	Rectum	Sigmoid	Descending	Transverse	Ascending	Cecum	Total
llc	1/1	57.9% (n=19)	75% (n=12)	61.3% (n=31)	83.3% (n=6)	1/1	65.7% (n=70)
lla+llc		58.8% (n=34)	47.6% (n=21)	61.4% (n=70)	58.3% (n=12)	25% (n=4)	57.4% (n=141)
Total	1/1	58.5% (n=53)	57.6% (n=33)	61% (n=101)	66.7% (n=18)	40% (n=5)	60.2% (n=211)

Depressed-type lesion of IIc & IIa+IIc -Histology and O-ring sign-

Histology	Grade 0	Grade 1	Grade 2	Positive rate of O-ring sign
Low grade dysplasia	80	98	18	116 / 196 (59.2%)
High grade dysplasia	2	7	4	11 / 13 (84.6%)
Submucosal cancer	2	0	0	0 / 2 (0%)
Total	82	103	22	127 / 211 (60.2%)

Conclusions

NBI colonoscopy screening for the "O-ring sign" as an index appears to improve the detection of depressed-type colorectal lesions.

There are no potential conflicts of interests related to this presentation.

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Final Programme

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CLINICAL USEFULNESS OF THE SMSA DIFFICULTY SCORE AND COMPARISON WITH A SUBJECTIVE SCORE FOR THE MANAGEMENT OF LARGE NON-PEDUNCU-LATED COLORECTAL LESIONS. A MULTICENTER STUDY FROM THE SPANISH ENDOSCOPY SOCIETY ENDOSCOP-IC RESECTION GROUP.

Eduardo Albéniz Arbizu, Spain; M. Fraile González; C. Guarner Argente; D. Martínez-Ares; B. Ibañez Beroiz; A. Herreros de Tejada; J. Santiago; M. A. Alvarez; X. Bessa Casserras; M. Rullan; O. Nogales Rincón; F. Ramos-Zabala; E. Valdivielso Cortazar; R. Pardeiro Pertega; P. Alonso; J. Cobian; F. Mugica; C. J. Gargallo Puyuelo; A. Elosua; J. de la Peña; J. G. Martinez-Cara; E. Redondo Cerezo; M. Pellisé Urquiza; L. Rivero Sánchez; A. Huerta; J. Gonzalez Santiago; A. Alvarez Delgado; J. Espinós; A. Repiso Ortega; F. J. Navajas; J. Carbo Perseguer; J. Merlo; M. Rodriguez Tellez; V. A. Jimenez-Garcia; F. Sabado; E. Saperas Franch; P. Huelin Alvarez; M. Concepcion-Martin; Spanish Endoscopy Society Endoscopic Resection Group members

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